



# Kiltale NS Newsletter



Dear Parents,

We have come to the end of our first month back at school, the dark evenings have arrived and the children have happily settled into the term with their new teachers and new classes.

Next week on Thursday 4<sup>th</sup> October at 7pm in the school, you are invited to a meeting to organise a new Parents' Association for 2018-2019. A Parents' Association can help parents contribute significantly to the vision and mission of the school and assist parents in becoming more effective partners in their children's education. I look forward to seeing you on the night.

May I take this opportunity to thank everyone who has paid their Book Rental, which covers the cost of the reading materials and classroom essentials your children need over the school year. As you know, this is not a voluntary contribution, however in Kiltale we have managed to keep it as low as possible thanks to the support of the community over the years.

We also wish to thank all the parents who have paid their voluntary contribution, which helps to maintain heat and pay for the running costs of the school.

We the staff continue to work in partnership with you our parents to help your child learn in a happy healthy caring environment of mutual respect and trust.

I am happy to meet with you by appointment if you have any concerns or issues you wish to discuss with regard to your child's learning or well-being.

Sincerely yours,  
*Eileen O Reilly,*  
Principal.



This week, we celebrated **European Week of Sport**, with a Tour of Europe Challenge and yesterday on **National Fitness Day**, we had a **Be Active Fun Sports Day**, with the children participating in fun physical activities in teams from all classes. It was a wonderful day of activity and a great social occasion with the older children mentoring, tutoring and coaching the younger children and making new friends.

We plan to keep up our commitment to the health and well-being of our children through our Active School Flag programme and in October we are introducing  **'The Daily Mile'** to our school. This is an initiative that is being supported by Meath Sports Partnership, where the school will offer 15minutes of exercise – walking, jogging or running daily and everyone in the school will participate. We hope that this will prove to be a popular initiative and everyone will enjoy the benefits.

We are providing a copy of our Healthy Eating Policy to all families to help with planning healthy lunches. We request your cooperation with this policy in helping your child continue to develop good eating habits as they grow up.

## Reminders for Parents:

- ✓ **Please ensure that your contact details are up to date and that we have your correct mobile numbers.**
- ✓ **Please ensure that you have updated the school on any changes in your child's health and well-being and inform us about any new medications or care needed.**
- ✓ **Please ensure that you have paid your Book Rental.**
- ✓ **School policies can be read on our school website: [www.kiltalens.ie](http://www.kiltalens.ie)**
- ✓ **Office hours remain Monday, Tuesday, Thursday and Friday 10am to 2:40pm**

